

Live Insect Summer Guide



Why Feed Live Insects To Your Pet?

If you keep pet lizards, frogs, birds or chickens, live insects can be a vital component of meeting their nutritional needs. Providing live feeder insects can help give your pets a balanced diet and stimulate their feeding behaviors in the wild.



When and How Should I Order Live Insects?

Your lizards will be extra hungry during the warm weather, so ordering your insects early in the season will help you prepare for the hungry season!

Prepare a cool, shaded spot your delivery driver can leave your insects and unpack them as soon as possible.



Keep It Cool, Dry and Dark

Your live insects will thrive when kept in a cool, dark area away from sunlight at all times. A well-ventilated storage container is especially vital during the peak of summer, as humidity is highly dangerous for live insects. For particularly hot and humid days, keep air cool with a fan or air conditioner.



Quick Care Guide

For more detailed information about caring for your live feeder insects, be sure to check out our [Caresheets](#) and Quick Guide below!

Live Insects - Quick Guide			
	Temperature	Humidity	Feeding
Crickets	25-28°C	No condensation	Daily
Mealworms & Superworms	Refrigerated / room temperature	Moisture provided through food	2-3 weeks (refrigerated), daily (room temperature)
Giant Mealworms	20-25°C (never refrigerate)	Moisture provided through food	Daily
Woodies	20-25°C	Moisture provided through food	Daily
Black Soldier Fly	20-25°C	Relative humidity of ~70%	Not required

Larvae			
Fly Pupae	Refrigerated / room temperature	Not required	Not required
Earthworms	15°C	Slightly moist bedding	Veggies / kitchen scraps
Live Silkworms	Room temperature	No condensation	Daily

Favourite Live Insects for Summer

- [Crickets](#)
- [Black Soldier Fly Larvae](#)
- [Woodies](#)

Summer Essentials for Live Insects

[Aquaload](#) - A specialised insect hydration, delivered via jelly water cubes, to satisfy the moisture requirements of live insects without the risk of drowning.

[Water Bowl](#) - A water bowl can help provide live insects with essential hydration. As live insects can be at risk of drowning, you may prefer a damp sponge placed in a shallow water sponge is a safe alternative.

[Ventilated Storage Box](#) - Our live feeder storage boxes offer a secure, well ventilated option for storing live insects or other feeding supplies.