

WOODIES

Are Woodies A Good Live Insect Choice?

[Woodies](#) are very clean insects, not known to carry disease organisms. In nature they are found under dead wood or tree bark and can grow to the size of a large cricket.

Woodies Quick Guide

Temperature	20-25°C
Moisture/Humidity	Moisture to be provided through food sources
Feeding	Daily

What Pets Should Eat Live Woodies?

Woodies can stimulate a good feeding response in many frogs, reptiles, chickens and insectivorous birds.

As they have a low calcium to phosphorus ratio, live wood roaches require [calcium powder](#) dusting immediately before feeding to your pet to avoid health issues related to low calcium.

[Gut-loading](#) of woodies over the days prior to feeding optimises the nutritional benefits of these strong feeder insects.



ABOUT PETWAVE

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Lizards: Woodies are a natural and highly nutritious food for many species of lizards. They can often be used to entice fussy eaters that have gone on a hunger strike. They should be coated with calcium and vitamin D3 supplements as required.

Fish: Large cichlids and other large species love Woodies. They can be fed by hand, with tweezers or just tipped onto the water surface. Woodies provide a high protein food with beneficial roughage which is often missing in aquarium fish dry foods.

Frogs: Woodies are a nutritious and natural diet for large green tree frogs.

Birds: Many insectivorous birds will happily accept Woodies as an interesting variation to their diet.



For more information about the pest insect feeders for your pet, read our ['Best Feeder Insects for Pet Reptiles & Frogs Online'](#) guide.

How Should I Store Live Woodies?

Woodies are a little trickier than many other live insects as they are known escape artists! To prevent their escape, you will need to apply an [insect barrier paint](#) around the top inner rim of the holding container. When painted along the rim, this barrier paint prevent woodies from being able to grip the surface and escape.

In addition to preventing their escape, you should provide them a large (50L minimum) storage tub and provide hiding places. These can be as simple as cardboard rolls or empty cartons. A good quality, high protein dry dog or rodent food is suitable for feeding your woodies and should be available to them at all times. Each day you will need to offer high density and moisture fresh fruit and vegetables such as carrots. When cared for this way, woodies will survive quite a long time in their container.

They bear live young, so it is likely that some will be born in their container.

Woodies should be kept at room temperature (between 20-25°C), as higher temperatures speed up their growth and results in a shortened life expectancy. They are easy to store but do produce a strong insect odour.

It is critical that you store live insects where they aren't exposed to any toxic fumes including insecticides, cleaning products, shampoos, flea products, smoke, etc. These are extremely dangerous to all live insects. Be sure to wash any produce thoroughly before feeding in case of any residual insecticides.

Nutritional Information

60.2% moisture
29.4% protein
6.2% fat
750mg/kg Calcium
2600mg/kg Phosphorous.

Size Guide

Woodies Average Size



Small 9mm



Medium 18mm



Large 30mm

Pet Guide

Suitable For The Following Pets

- Lizards
- Fish
- Frogs
- Birds

