

POGOSTEMON Caresheet

Pogostemon Helferi; Pogostemon Stellata

Plant difficulty: EASY – Pogostemon varieties are the perfect aquarium plants for beginners

What is Pogostemon aquarium plant

The aquarium plant Pogostemon is a species of freshwater aquatic plants. **Pogostemon plants are native to** the freshwater riverbeds, streams, and creeks of Thailand. PetWave has [Pogostemon Helferi](#) for sale, [Pogostemon Helferi tissue culture](#), and [Pogostemon Stellata](#) for sale.



Pogostemon makes a great addition to any aquascape. The distinctive curling leaves of Pogostemon Helferi make it a popular unique carpeting aquarium plant. Best planted as a foreground aquarium plant, Pogostemon will grow a dense dark green carpet on the floor of your aquarium tank. Pogostemon Stellata is a large background aquarium plant. Its green and purple leaves create a unique backdrop for your aquascape. Pogostemon can grow submersed or partially submersed.

Where is Pogostemon plants banned in Australia?

Due to government environmental restrictions, PetWave **cannot** send live Pogostemon to the **Northern Territory** and **Western Australia**.

Pogostemon aquarium plant benefits

Pogostemon aquarium plants are amazing live aquarium plants for freshwater aquariums that help provide a habitat and breathable air for [tropical fish](#). Pogostemon varieties also help aerate your tank with oxygen, leading to happy healthy fish and overall high water quality. Find out even more secret [benefits of live aquarium plants](#) vs artificial aquarium plants.

Pogostemon aquarium plant care

Temperature	22 – 30°C
Light	Moderate / High
Ph range	5.0 – 7.0
Growth speed	Fast

To boost the nutrients and benefits of having a live Pogostemon aquarium plant, a [liquid aquarium plant fertiliser](#) should be used at least every two weeks, or when leaves start turning yellow.

Regular aquarium water [pH tests](#), and appropriate pH control [water treatment](#), are recommended to maintain the pH level between 6.0 – 8.0, particularly when setting up a new aquarium.

While the temperature range for Pogostemon aquarium plant varieties is broad a glass aquarium [thermometer](#) will help monitor the temperature of your planted aquarium. In winter, an [aquarium water heater](#) is recommended.

Will goldfish eat Pogostemon? Do not plant your Pogostemon bunch or tissue culture plants in an aquarium tank with fish known to eat plants. Avoid goldfish or Cichlids.

How to dispose of Pogostemon aquarium plants

Introduced aquarium plants can cause [significant damage to Australia's natural ecosystem](#). Never dispose of aquarium plants where they could be washed into natural waterways or drains.

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How to plant Pogostemon

Does Pogostemon need aquarium substrate?

It is important to provide a 7-8cm layer of substrate at the bottom of your aquarium tank to protect your Pogostemon plants roots. Substrate is any form of loose material that an aquarium plants roots can grow in.

Can Pogostemon Helferi grow in gravel? You can grow Pogostemon in a variety of substrate such as, [pebbles](#), rocks, [gravel](#), [sand](#), or aquarium soil. Find out more information in our [how to set up a planted aquarium guide](#).

At PetWave we have Pogostemon live aquarium plants for sale in [bunches](#), or in a [tissue culture tub](#).

How to plant Pogostemon Stellata bare root bunches in substrate



Create a small hole in your chosen aquarium substrate. Place the Pogostemon bunch in, and bury only the bottom of the plant. Bury your plant roughly 1-2inches deep. This will ensure your aquarium plants does not uproot and float.

How to plant Pogostemon Helferi and Pogostemon Helferi tissue culture

1. Remove the Pogostemon tissue culture plant from its tub
2. Rinse the plant of agar jelly
3. Split the plant into four – eight sections
4. Carefully slightly plant the bottom of each section of plant into your chosen aquarium substrate 1-2 inches deep, 1 inch apart from other bunches
5. Ensure the Pogostemon sections are planted deep enough not to up root and float



How to trim Pogostemon Helferi and Pogostemon Stellata

Trim dead, brown, and rotting Pogostemon leaves using a sharp pair of scissors. Pogostemon plants and tissue should be given a couple of weeks to root in their substrate and settle before trimming.

How to propagate Pogostemon Helferi and Pogostemon Stellata

Pogostemon reproduces on its own by growing side shoots. **Helpful hint:** For faster growth, cut off a piece of piece of stem and replant the cutting in aquarium substrate. The replanted cut off will root and begin to grow a new Pogostemon aquatic plant within a week.

[Aquarium tongs](#) are a helpful tool when planting, handling, trimming, and replanting Pogostemon aquarium plants without putting your hands and arms in the tank.